

Therapy Contract

Tara Yoga & Wellness

www.taraklassen.com



Hypno-CBT sessions usually last approximately one hour. Please remember to **switch off your mobile phone**.

The agreed fee per treatment session is _____. Fees are payable at the beginning of each therapy session by Payconiq, cash or Paypal.

Confidentiality Contract

All information, whether verbal or written in notes, is treated as strictly private and confidential.

The therapist has a responsibility both to the client and to the community at large. Some moral and legal limitations therefore apply to confidentiality. These limitations mainly concern risk of serious self-harm, harm to others, and child protection issues. If a situation arises in which the moral or legal limits of confidentiality are exceeded, the reasons will be explained by the therapist and discussed with the client at the time.

Professional Registration

The therapist carries full professional indemnity and public liability insurance.

Client Satisfaction

The client undertakes therapy on the understanding that it is a collaborative process in which success cannot be guaranteed; progress depends in part upon the motivation and participation of the client. The client has the right to access the official procedures of the NCH and GHR in circumstances where an issue cannot be satisfactorily resolved within the bounds of the therapeutic relationship.

Unless the client specifically requests otherwise, a follow-up questionnaire may be posted out at some point in the future, following the conclusion of the treatment. This is simply designed to monitor outcomes and help evaluate the service provided.

Code of Ethics & Practice

I accept and follow the principles set forth in the *Code of Ethics & Conduct* of the NCH as well as respecting EU GDPR regulations.

Signed on _____ at _____

Signature Tara Klassen

client signature